

KINESIOLOGY

Associate of Science

This is a recommended academic map for students who seek an Associate of Science degree with a concentration in Kinesiology or plan to pursue a baccalaureate degree in Kinesiology at a four-year institution of higher education in Texas. Students planning to transfer to a four-year institution should confirm transferability of courses to meet degree requirements from the institution to which they plan to attend.

College Readiness Courses (if needed)

Semester I

ENGL 1301 Composition I (Core 010)
MATH (Core 020)
HIST 1301 United States History I (Core 060)
PHED Activity Course**
SPCH 1315 Public Speaking (Core 090) **or**
PSYC 1300/
EDUC 1300 Learning Framework (Core 090)
or
PHED 1164 Introduction to Physical Fitness
& Wellness (Core 090)
Transfer Elective*

Semester II

PHED Activity Course**
ENGL 1302 Composition II (Core 010)
HIST 1302 United States History II (Core 060)
Social & Behavioral Science (Core 080)
SPCH 1315 Public Speaking (Core 090) **or**
PSYC 1300/
EDUC 1300 Learning Framework (Core 090)
or
PHED 1164 Introduction to Physical Fitness
& Wellness (Core 090)
(not previously taken)
Transfer Elective*

Semester III

PHED Activity Course**
Language, Philosophy, & Culture (Core 040)
GOVT 2305 Federal Government (Core 070)
Transfer Elective*
BIOL 2401 Anatomy & Physiology I (Core
030)

Semester IV

Creative Arts (Core 050)
GOVT 2306 Texas Government (Core 070)
BIOL 2402 Anatomy & Physiology II (Core
030)
Transfer Elective*¹
Transfer Elective*

*Transfer Electives

Students who plan to pursue a baccalaureate degree should seek advising from the institution to which they intend to transfer.

COSC 1301 Introduction to Computing
BIOL 1322 Nutrition & Diet Therapy **or**
**Select any three activity courses PHED 1XXX
(not including PHED 1164)
PHED 1301 Foundations of Kinesiology
PHED 1304 Personal/Community Health
PHED 1306 First Aid
PHED 1346 Drug Use & Abuse

¹Select one course from any of the following:
AGRI, BIOL, CHEM, COSC, CRIJ, ENGR, GEOL,
MATH, PHED (3SCH), PHYS

Total Semester Hours – 60

*Courses are suggested electives that will contribute to AS degree requirements. Different electives may be chosen, but must be selected from the academic rather than the technical courses, as indicated in the course descriptions.